



# 21 Things You Need to Know About Diabetes and Your Heart

*Jill Weisenberger*

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## **21 Things You Need to Know About Diabetes and Your Heart** Jill Weisenberger

*21 Things You Need to Know About Diabetes and Your Heart* is a quick way to learn about the affect of diabetes on the heart. Part of the American Diabetes Association's 21 Things series, this book gives the reader brief, concise answers to the many questions about how diabetes affects the body. Jill Weisenberger and David S. Schade describe the effects of diabetes on the heart in plain language, making it easier to understand and remember. Written and reviewed by healthcare professionals with years of clinical experience, this book will help people with diabetes keep their diabetes under control and their hearts healthy.

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