



# What Nurses Know...Multiple Sclerosis

*Carol Saunders BA BSN MSCN*

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An initial response to a diagnosis of multiple sclerosis is typically an active search for information about the disease itself and its potential long-term effects. Over 450,000 people in the US have received a diagnosis of MS and are living with this chronic debilitating condition.

*What Nurses Know...Multiple Sclerosis* sheds new light on this illness and its symptoms from a trusted source: nurses. Written by a nurse who has practiced with MS patients for 25 years and was named the National Multiple Sclerosis Society Volunteer of the Year in 2008, the author presents up-to-date information on everything a person with MS would want to know.

### Special Features Include

- Numerous call-out boxes with "What Nurses Know..."
- Resources
- Definitions of Common Terms
- And much more!

### About the Series

Nurses hold a critical role in modern health care that goes beyond their day-to-day duties. They share more information with patients than any other provider group, and are alongside patients twenty-four hours a day, seven days a week, offering understanding of complex health issues, holistic approaches to ailments, and advice for the patient that extends to the family.

Nurses themselves are a powerful tool in the healing process. *What Nurses Know* gives down-to-earth information, addresses consumers as equal partners in their care, and explains clearly what readers need to know and want to know to understand their condition and move forward with their lives.

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