

# Liberation: The 20 Year Journey it Took to Heal My Soul

A'Kayla K Harris



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I wrote this for you. I exposed all of my wounds so that we could heal together. I just hope you're not afraid of the journey ahead. I need you to understand that it's okay to be exactly where you are just as long as you don't stay there. This is not a "reach the top" quickly book with schemes for false success. This book is for broken people who are willing to give life and their goals one more shot. The plan is to redesign how you look at your struggles, not eliminate them completely. I'm not telling you that your journey of restoration and healing will be easy, but it will all be worth it. Let's get free together .

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