



Confessions of an Adrenaline Addict

Adoley Odunton, Deborah Deras

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For you, adrenal fatigue symptoms can be subtle, like irritability, or devastating like lupus. Your adrenal fatigue treatment can be as simple as bed rest or as extensive as a total lifestyle change. Your adrenal gland fatigue can be just annoying, or life-disrupting or even fatal.

In this simple, beautifully designed book find out if you have adrenal gland fatigue and discover the holistic, non-drug treatment that saved the lives of two bright, motivated women who were addicted to adrenaline but didn't know it. Enrich your life with these easy to follow techniques and personal support that saved them from lives of stress and pain, and likely early death.

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