



Easy Stir-Fry Recipes

Amy Chan

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Stir-frying is quick, healthy and popular. You can do it at home within minutes without having to get your fixes from your Chinese takeaway!

There are 18 very well-written, easy to follow and delicious stir-fry dishes that will inspire you. Preparation and cooking durations are specified so that you can manage your time in your kitchen.

In addition, a list of top essential store cupboard ingredients are specified in the book to make it easier for you to shop. Once you have gathered all the ingredients, you are set to go!

Another great aspect of this book is that each recipe is accompanied with elegantly and beautifully-styled photo, illustrating how the end dish will look like.

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