

Integrative Orthopedics: Concepts, Algorithms, and Therapeutics--The Art of Creating Wellness While Effectively Managing Acute and Chronic Musculoskeletal Disorders

Alex Vasquez



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Integrative Orthopedics: Concepts, Algorithms, and Therapeutics--The Art of Creating Wellness While Effectively Managing Acute and Chronic Musculoskeletal Disorders Alex Vasquez Integrative Orthopedics is more than 430 pages of intensely referenced wellness promotion for doctors who manage patients with acute and chronic musculoskeletal injuries. Although the book reviews all of the important physical examinations, laboratory and imaging assessments that are commonly used in clinical practice and also presents detailed treatment plans for a wide range of conditions, the ultimate goal of the book is to be much more than an orthopedics textbook. It is designed to help doctors step beyond "problem solving" and into "wellness promotion" by giving doctors the information and concepts that they need to upgrade their treatment plans from being simply "restorative" to truly "transformative." Includes information and dosing for common nutritional supplements and botanical medicines, as well as an extensively detailed section on fatty acid metabolism and eicosanoid modulation. Written by Dr. Alex Vasquez, a licensed chiropractic and naturopathic physician and former Adjunct Professor of Rheumatology and Orthopedics for the Naturopathic Medicine program at Bastyr University.

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