



The Last Drop of Living: The Minimalist's Guide to Living the High Life on a Low Budget

Robert F. Lee

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"The Last Drop of Living: A Minimalist's Guide to Living the High Life on a Low Budget" offers a unique perspective on the concept that minimalism requires self-denial and deprivation. Indeed, after reading this book, you undoubtedly will be inspired to adopt this simple, yet elegant way of experiencing life. Minimal living is not about doing without. It is about savouring everything greedily, while walking gently through your world. This book opens up an exciting doorway into getting the most out of your life, your way, with a 15-step guide to "going minimal." Packed with anecdotes and often humorous incidents, The Last Drop of Living is not only a pleasurable reading experience, but a roadmap to a fulfilling way to decrease the commonplace stresses in your life. Bonus chapters on yurts, barebones business, wildcrafting, energy simplicity, sustainability and minimalist vacation options provide extraordinary value beyond the invigorating discussions on minimalist strategies.

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