



Practical Evidence-Based Physiotherapy, 1e

Rob Herbert, Gro Jamtvedt, Judy Mead, Kare Birger Hagen

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Authored by an international team of experts especially for physiotherapists, this new, one-of-a-kind resource examines evidence-based practice in physiotherapy - defining what constitutes evidence and how to implement findings in the day-to-day clinical setting. It discusses government and professional requirements for evidence-based medicine and clinical reasoning, and offers easy-to-follow guidelines for finding and applying evidence. It also offers useful strategies for determining whether benefits provided by physiotherapy interventions are significant enough to make the intervention worthwhile.

- Written specifically for physiotherapists
- Step-by-step guide to practice of evidence-based physiotherapy
- Written at different levels depending on reader's expertise:
 - highlighted critical points and text box summaries for readers new to these concepts
 - detailed explanations in text for intermediate readers
 - footnotes for advanced readers
- Detailed presentation of strategies for searching for evidence, including using the www, search engines and physiotherapy specific databases
- Extensive consideration of clinical practice guidelines

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