

How To Have Twins! How I PLANNED to have my identical twin girls naturally. Chances of having twins. How to get twins naturally.: How to increase your chances of getting boys or girls.

Gale Glenbury

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How DO you have twins? No easy answer possible, obviously!

I dreamed about having identical twin girls ever since I was 16. 21 years ago my dream became reality. At the age of 33, I gave birth to identical twin girls and I PLANNED to have them. Twins do not run in my family but I did everything I possibly could to increase my chances of having twin girls and it worked!

Each time I tell my story to people how I planned to have twins, they are totally shocked and amazed. In this book, I tell my story how I did it. What I did eat, what I didn't eat, which supplements I took, when I had sex, how often and in what positions. I also reveal what clothes my husband wore, what my husband was not allowed to do and what my husband did do. I expose everything I did to conceive twins. You will thoroughly enjoy reading this book if you would like twins.

I've written this book with 3 goals in mind:

- 1) To help my own twin daughters having twins, if they still want twins when they are ready for children.
- 2) To help people, who would like to conceive twins, like myself, to have twins.
- 3) An "ode" to my two daughters to tell them how much they mean to me.

I hope I will help couples who would like to have twins to make it a reality, just like I did. Good luck!

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From reader reviews:

Albert Christensen:

Have you spare time for a day? What do you do when you have far more or little spare time? Yes, you can choose the suitable activity intended for spend your time. Any person spent their particular spare time to take a walk, shopping, or went to typically the Mall. How about open or perhaps read a book entitled How To Have Twins! How I PLANNED to have my identical twin girls naturally. Chances of having twins. How to get twins naturally.: How to increase your chances of getting boys or girls.? Maybe it is to become best activity for you. You recognize beside you can spend your time together with your favorite's book, you can more intelligent than before. Do you agree with it is opinion or you have other opinion?

Richard Zhang:

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Adriana Phillips:

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Bruce Patton:

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