



Obsessive Compulsive Disorders

Dan J Stein Bsc (Med) MBChB FRCPC

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Obsessive Compulsive Disorder is now recognized as one of the most common psychiatric disorders, and the tenth most disabling of all medical disorders. Major advances in our understanding of its neurobiological basis and the discovery of robust treatments offer new hope for sufferers. Yet, sadly, people with OCD continue to remain under-diagnosed and inappropriately treated. Obsessive Compulsive Disorders presents a practical guide to the diagnosis, assessment and treatment of OCD. It includes chapters on the neurobiology as well as the psychology of OCD; on adults and children with the disorder; and on the pharmacotherapy, psychotherapy and integrated treatment of OCD.

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